

TAEKWON-DO DICTIONARY

ENGLISH

Angle Punch
Arc-Hand
Assistant Instructor
At Ease
Attention
Attention Stance
Backheel
Back Piercing Kick
Back Sole
Back Fist
Backwards
Ball of the Foot
Belt
Bending Ready Stance
Block
Bow
Breath Control
Checking Block
Checking Kick
Circular Block
Close Stance
Connecting Motion
Continuous Motion
Courtesy
Crescent
Cross-Cut
Dismiss
Dodging
Double Forearm
Double Stepping
Downward
Eight
Elbow
Fast Motion
Fingertip
Fist
Five
Fixed Stance
Flat Fingertip
Flying
Foot Shifting
Footsword

KOREAN

Giokja Jirugi
Bandal Son
Boosabum
Swiyo
Charyot
Charyot Sogi
Dwitchook
Dwit Cha Jirugi
Dwitkumchi
Dung Joomok
Duruogi
Apkumchi
Ti
Guburyo Junbi Sogi
Makgi
Kyong Ye
Hohup Jojul
Momchau Makgi
Cha Momchugi
Dollymyo Makgi
Moa Sogi
Yon GyoI Tongjak
Iojin Tongjak
Ye Ui
Bandal
Ghutgi
Hae San
Pihagi
Doo Palmok
Jajun Bal
Naeryo
Yodul
Palkup
Balli
Sonkut
Joomuk
Dasot
Gojung Sogi
Opun Sonkut
Twimyo
Jajun Bal
Balkal

TAEKWON-DO DICTIONARY

ENGLISH

Forearm
Forefist
Forwards
Four
Four Direction Block
Four Direction Punch
Free Sparring
Front
Front Downward Strike
Front Elbow Strike
Front Snap Kick
Fundamental Exercise
Grand Master
Guarding Block
High
High Elbow
High Section
Hooking Block
Hooking Kick
Indomitable Spirit
Inner Forearm
Inside Block
Instep
Instructor
Integrity
Inward
Jumping
Kick
Knee
Knifehand
L Stance
Left
Low
Low Section
Low Stance
Master
Mid-Air Kick

KOREAN

Palmok
Ap Joomuk
Nagagi
Net
Saju Makgi
Saju Jirugi
Jayu Matsogi
Ap
Ap Naeryo Taerigi
Ap Palkup Taerigi
Ap Cha Busigi
Gibon Yonsup
Saseong
Daebi Makgi
Nopunde
Nopun Palkup
Nopun Bubun
Golcho Makgi
Golcho Chagi
Baekjul Boolgool
An Palmok
An Makgi
Baldung
Sabum
Yom Chi
Anuro
Twiggi
Chagi
Moorup
Sonkal
Niunja Sogi
Wen
Najunde
Najun Bubun
Nachuo Sogi
Sahyun
Twiwo Dolmyo Chagi

TAEKWON-DO DICTIONARY

English

Mid-Air Strike
Middle
Middle Section
Nine
Normal Motion
Obverse
One
One Step Sparring
Outer Forearm
Outside Block
Outward
Palm
Parallel Stance
Pattern
Perseverance
Practice Suit
Pressing Block
Pressing Kick
Punch (or Piercing)
Pushing Block
Ready
Ready Stance
Rear Foot Stance
Relax
Release Motion
Return to Ready Posture
Reverse
Reverse Footsword
Reverse Hooking Kick
Reverse Knifehand
Reverse Turning Kick
Right
Rising Block
Rising Kick
Scooping Block
Self Control
Self Defence Techniques
Semi Free Sparring

Korean

Twio Dolmyo Taerigi
Kaunde
Kaunde Bubun
Ahop
Potonguro
Baro
Hana
Ilbo Matsogi
Bakat Palmok
Bakat Makgi
Bakuro
Sonbadak
Narani Sogi
Tul
In Nae
Do Bok
Noollo Makgi
Noollo Chagi
Jirugi
Miro Makgi
Junbi
Junbi Sogi
Dwit Bal Sogi
Swiyo
Jappyosul Tae
Pharo
Bandae
Balkal Dung
Bandae Dollyo Goro Chagi
Sonkal Dung
Bandae Dollyo Chagi
Orun
Chookyo Makgi
Cha Olligi
Duro Makgi
Guk Gi
Hosin Sul
Ban Jayu Matsogi

TAEKWON-DO DICTIONARY

English

Seven
Side
Side Back
Side Downward Strike
Side Elbow
Side Fist
Side Front
Side Instep
Side Piercing Kick
Side Pushing Kick
Side Sole
Side Thrusting Kick
Sine Wave
Single
Sitting Stance
Six
Sliding
Slow Motion
Sparring
Special Technique
Spot Turning
Stamping Kick
Stance
Start
Step Turning
Stepping
Stop
Straight Elbow
Straight Fingertip
Strike
Ten
Tenets of Taekwon-Do
Three
Three Step Sparring
Thrust
To the Left
To the Right
Toes
Turn Around

Korean

Ilgop
Yop
Yopdwi
Yop Naeryo Taerigi
Yop Palkup
Yop Joomuk
Yobap
Yop Baldung
Yop Cha Jirugi
Yop Cha Milgi
Yop Bal Badak
Yop Cha Tulgi
Hwaldung Pahdo
Wae
Annun Sogi
Yosot
Mikulgi
Chonchonhi
Matsogi
Tukgi
Gujari Dolgi
Cha Bapgi
Sogi
Sijak
Omgyo Didimyo Dolgi
Omgyo Didigi
Guman
Sun Palkup
Sun Sonkut
Taerigi
Yol
Taekwon-Do Jungshin
Set
Sambo Matsogi
Tulgi
Jaro
Uro
Balkut
Dwiro Dora

TAEKWON-DO DICTIONARY

English

Turning
Turning Kick
Twin
Twin Forearm Block
Twisting Kick
Two
Two Step Sparring
U-Shape Block
Upper Elbow
Upset Fingertip
Upset Punch
Upward
Vertical Kick
Vertical Punch
Vertical Stance
Vital Spots
W-Shape Block
Waist Block
Walking Stance
Wedging Block
X-Fist
X-Knifehand
X-Stance

One
Two
Three
Four
Five
Six
Seven
Eight
Nine
Ten

Korean

Dolgi
Dollyo Chagi
Sang
Sang Palmok Makgi
Bituro Chagi
Dool
Ibo Matsogi
Digutja Makgi
Wi Palkup
Dwijibun Sonkut
Dwijibo Jirugi
Ollyo
Sewo Chagi
Sewo Jirugi
Soojik Sogi
Kupso
San Makgi
Hori Makgi
Gunnun Sogi
Hechyo Makgi
Kyocha Joomuk
Kyocha Sonkal
Kyocha Sogi

Hana
Dool
Set
Net
Dasot
Yosot
Ilgop
Yodul
Ahop
Yol